

身体接触を避けた仲間と関わる大学ダンス授業の実践報告

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【要 旨】

新型コロナウイルス感染症の拡大に伴い, 本学も対面授業を行う場合は, 十分な感染拡大防止策を講じて実施することが徹底された. これまで身体接触を含めた仲間との関わりを大切にしてきたダンス授業においては, 多くの対策を講じる必要があった. そこで, 今年度の大学におけるダンス授業の実践事例を報告し, その授業成果について検討した.

対象授業は, 2020 年度前期のダンス授業であった. 授業場所を従来の場所の約 4 倍の広さのある場所に移し, 窓やドアを全開し, 換気を徹底した. ダンス理論の講義は, 教師のパソコン画面と学生のタブレット画面を共有して, 「密集」を避けて実施した. 実技では, 隊形や活動を工夫した上で, 仲間との関わりを常に取り入れた内容で実施した. また, グループで創作し撮影した映像を繋ぎ, 映像作品を創り Web 配信した.

その結果, 受講生は, Web を介したダンス理論の講義形式を肯定的に受け入れ, 身体接触がなかった授業内容でも仲間と関わることができたと感じていた. また, 映像作品創作の活動に関しても肯定的に捉えられていた. 授業者側から見た受講生の学習成果の評価も, 一定の水準に達していた可能性が高いと考えられた.

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Dance class at a university: avoiding physical contact because of the coronavirus

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【Abstract】

Because of the spread of the new coronavirus infection, we made every possible effort when conducting face-to-face classes at our university to prevent the spread of infection. In dance classes especially, where relationship with friends, including physical contact, had been valued, many special measures had to be taken. The present article reports a practical example of a dance class at a physical education

university, and examines the results of the classes.

The dance class (41 students) was targeted in the first half of 2020. The practical lessons were moved to a room about four times as large as the classroom that had been used prior to the pandemic. The windows and doors were opened fully to ensure adequate ventilation. Lectures on dance theory were presented using the Cisco Webex system, that is, web conferencing, in order to avoid close contact. For teaching practical skills, formations and activities were devised that kept the students from being close to each other and yet always incorporated their relationships with their peers. In addition, videos created and shot by the students were combined into a single video that was then uploaded to the Web.

The students accepted the lectures on dance theory via the Web, and reported that they were able to interact with their peers about the content of the lessons even without physical contact. In addition, they reacted positively to the activity of creating videos. Evaluation of what the students had learned from the lessons showed that they had reached a certain level.